

MAGNET MIND
DEVELOPMENT*You Were
Born Rich*BY BOB PROCTOR
CHAPTER 1
SUMMARYJOIN THE
MAGNET MINDSET
FACEBOOK GROUPDOWNLOAD A FREE
COPY OF *YOU WERE
BORN RICH!*

ME AND MONEY

Money is
Important...

...but not the only key to riches.

Bob Proctor begins his bestseller by helping us get comfortable with wanting money. He reiterates that we need money in order for us to live and have meaningful lives. We need to think of money as a medium of exchange — rather than something that we should feel guilty about for wanting.

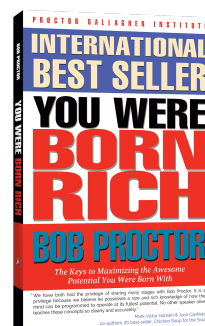
- What are some programs that you have running around in your head about money?
 - “Money doesn’t grow on trees.”
 - “Money is the root of all evil.”
 - “You should be satisfied with what you have.”
- What are your money paradigms?

The programs or paradigms that we have about money aren’t even our own. They come from other people - our parents, grandparents, friends, the news, etc.

Decide what *you*
want to think about
money.

In order to change our relationship with money, we must change our thoughts about money.

- The programs that we have in our minds control our habits.
- Our habits control our behavior.
- Our behavior controls our results.
- Do you *want* to think the things you think about money?
- You don’t have to!



Change your results by changing your thoughts.

The beauty is that *you* get to choose what you want to think. *You* get to choose how you view money in your life. *You* get to take control of your results.

Start by asking yourself:

- What do I want?
 - What do I want my life to look like?
 - What would I want if I could have anything in the entire world, no restrictions, no limitations?

Allow yourself to ask yourself these questions. Begin to create a vision in your mind of what your life would be like when you have all the things that you want. These things can be monetary, material, in your relationships, anything. Don't hold back! Let it out. Use your imagination.

You are a spiritual being, gifted with an intellect, living in a physical body.

Notice that the physical body is last on this list, even though it is the most obvious feature of being human. Life is 95% mental, yet it is measured in 100% physical results.

Many people see the results they are getting in life now and think they are destined for more of the same. Rather, your current results are simply an indicator of your past thinking.

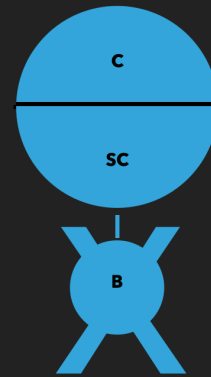
Change your thinking, change your results. It's that simple!

Learn more:

Contact:

Mary Reiss Farias
mcreiss@irisblupublishing.com
Magnet Mind Development website
Magnet Mindset Facebook group
Join the You Were Born Rich MasterMind!

*You are a
Mind First.*



Mind First

Bob Proctor uses a Stick Person to help people understand how the pieces of the mind work together.

C = Conscious Mind
 This is the part of the mind that has control over what thoughts you think.

S = Subconscious Mind
 This part of the mind has to accept every thought that the conscious mind chooses to accept. This is where the programs and paradigms live.

B = Body
 The body is an instrument of the mind. The body's habits and behavior are controlled by the programs stored in the subconscious mind.

