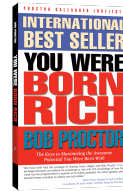


**MAGNET MIND
DEVELOPMENT***You Were
Born Rich*

BY BOB PROCTOR
CHAPTER 6
SUMMARY

JOIN THE
MAGNET MINDSET
FACEBOOK GROUP



DOWNLOAD A FREE
COPY OF *YOU WERE
BORN RICH!*

THE LAW OF VIBRATION AND ATTRACTION

Thoughts Are Things

I hold it true that thoughts are things;
They're endowed with bodies and breath and
wings;

And that we send them forth to fill
The world with good results or ill.
That which we call our secret thought
Speeds forth to earth's remotest spot,
Leaving its blessings or its woes
Like tracks behind it as it goes.

We build our future, thought by thought,
For good or ill, yet know it not.
Yet so the universe was wrought.
Thought is another name for fate,
Choose then thy destiny and wait.
For love brings love and hate beings hate.

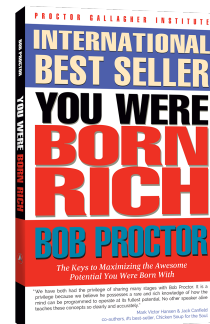
-Henry Van Dyke

Ask Yourself

- Can you think of a time in your life when the last line of the poem rang true for you? Both negatively and positively?
- What lessons have you learned in the past few weeks around your thoughts by studying this book?
- What does vibration and attraction have to do with the last line of the poem?

Andrew Carnegie

"Any idea that is held in the mind that is either feared or revered will, begin at one to clothe itself in the most convenient and appropriate physical forms available."



The Law of Vibration

Everything in the world vibrates; nothing rests. As Bob says, we live in an “ocean of motion.” The physical instrument you live in is a mass of energy vibrating at a very high speed of vibration. In fact, the instrument or body we live in is actually changing at the rate of about 50 million cells per second. You can actually photograph the energy leaving your body and as that energy leaves, new cells are created. There is infinite power flowing to and throughout you.

Your vibration is dictated by your thoughts. When you “expect an abundance” like we discussed in chapter 5, you set up that type of vibration.

There are infinite levels of vibration, that we can call frequencies. You need to get in harmony with the good you desire, and you do this by holding the image of what you want and start experiencing it.

Everything is Energy, Everything Vibrates

Using your free will and your other mental faculties in your marvelous mind, you have the co-creative ability to cause vibratory change to take place as you choose. The lack of ability to exercise this tremendous power for GOOD is caused by our own ignorance of the Law of Vibration.

Work on changing the way that you feel with the thoughts that you are thinking. If you notice a negative feeling in yourself, think about something that makes you happy. Notice how it changes your feeling — your vibration.

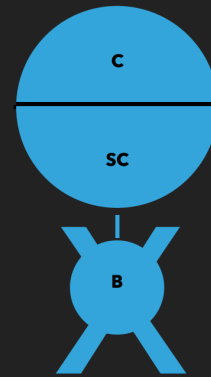
Here is a great webinar with Bob Proctor on the Law of Vibration.

Learn more:

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Magnet Mindset Facebook group
<https://magnetmind.org/ywbr-free-book>

*You are a
Mind First.*



Mind First

Bob Proctor uses a Stick Person to help people understand how the pieces of the mind work together.

C = Conscious Mind
 This is the part of the mind that has control over what thoughts you think.

S = Subconscious Mind
 This part of the mind has to accept every thought that the conscious mind chooses to accept. This is where the programs and paradigms live.

B = Body
 The body is an instrument of the mind. The body's habits and behavior are controlled by the programs stored in the subconscious mind.

