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## CHAPTER 3: IS OPPORTUNITY MONOPOLIZED?

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### AS YOU READ...

Dive into this chapter with an awareness that Wattles' teachings transcend time. In chapter 3, he delves deep into the notion of opportunities and their accessibility to everyone. As you navigate through his insights, keep this thought in mind: "Opportunity is ever-present and often comes in forms we least expect."

While reading, consider the various ways modern society presents opportunities, often in ways that are less traditional than in Wattles' time. Reflect on how open you are to recognizing and seizing these chances, especially when they don't align with conventional norms or expectations.

This chapter will challenge you to redefine your understanding of opportunity in both historical and contemporary contexts.

# SUMMARY

In "Is Opportunity Monopolized?", Wallace D. Wattles highlights the misconception that opportunities for wealth are limited or monopolized by a select few. He champions the belief that the universe is abundant and that opportunities are infinite, not finite.

This abundance perspective aligns seamlessly with Bob Proctor's teachings. Proctor has long emphasized that our minds are tuned to either a frequency of abundance or scarcity, and our experiences echo our dominant thoughts. Just as Wattles encourages readers to look beyond the apparent limitations, Proctor reminds us that with the right mindset, one can tap into an infinite reservoir of possibilities.

Both luminaries, though separated by time, converge on the idea that opportunity is ever-present, waiting for the discerning individual to grasp and harness it.

# REFLECTION QUESTIONS

1. How do your current beliefs about opportunity align with Wattles' perspective on its abundance?
2. Can you recall a time when you felt opportunities were limited? How might your reaction change with this newfound understanding?
3. How does the concept of an abundant universe challenge or support your experiences in seeking wealth or success?
4. Reflecting on both Wattles' and Proctor's teachings, how might shifting from a scarcity to an abundance mindset alter your approach to opportunities?
5. What actionable steps can you take to cultivate a mindset that consistently recognizes and seizes abundant opportunities around you?

# ACTIONABLE EXERCISES

1. **Opportunity Journaling:** For one week, maintain a journal where you note down opportunities you come across daily—whether they're business ideas, investment opportunities, learning experiences, or networking moments. At the end of the week, review your entries. This exercise will heighten your awareness of the abundance of opportunities around you and may unveil paths you hadn't previously considered.
2. **Abundance Meditation:** Dedicate 10-15 minutes each day to meditate on the concept of an abundant universe. Visualize a world overflowing with opportunities, where every moment presents a new chance for growth and prosperity. As you immerse yourself in this visualization, allow yourself to feel the emotions of abundance. This practice, echoing both Wattles' and Proctor's teachings, aims to shift your internal frequency to resonate more with abundance than scarcity.

# DISCUSSION POINTS

1. How has the digital age and globalization expanded or redefined our perceptions of opportunity compared to Wattles' time?
2. Considering Wattles' stance on abundant opportunities, how might societal constructs or beliefs inadvertently create a false sense of scarcity?
3. How does Proctor's teaching on the Law of Attraction complement Wattles' view on the unlimited nature of opportunities?
4. What real-world examples can we observe today that embody the principles of seizing abundant opportunities, even in seemingly saturated markets?
5. Discuss the psychological impacts of holding a scarcity mindset versus an abundance mindset. How do these differing viewpoints shape personal trajectories and life choices?

# NOTES